

Sporting Clube Espinho | Recordes do Clube | Masculos | Piscina Longa (50m)

	ABSOLUTO	SENIOR	JUNIOR	JUVENIL-A	JUVENIL-B	INFANTIL - A	INFANTIL - B	
50L	Pedro Costa-09/10 25,11 Coimbra 09-04-2010	Pedro Costa-11/12 25,29 Coimbra 10-03-2012	Pedro Costa-09/10 25,11 Coimbra 09-04-2010	André Costa - 12/13 25,20 SJMadeira 06-07-2013	Pedro Costa-06/07 26,35 Coimbra 08-07-2007 (Parcial)	Pedro Costa-05/06 27,29 S.J.Madeira 23-07-2006 (Parcial)	Rodrigo Rodrigues - 18/19 28,33 Loulé 28/07/2019	50L
100L	Pedro Costa-06/07 56,04 Coimbra 08-07-2007	Pedro Costa - 11/12 56,81 Coimbra 08-07-2012	Pedro Costa-09/10 56,44 Coimbra 11-04-2010	Pedro Costa-07/08 56,08 Lisboa 27-07-2008	Pedro Costa-06/07 56,04 Coimbra 08-07-2007	Pedro Costa-05/06 56,83 SJMadeira 23-07-2006	Pedro Costa-04/05 59,60 Coimbra 23-07-2005	100L
200L	Pedro Costa-07/08 2,04,86 Lisboa 25-07-2008	Vasco Tavares - 17/18 2,13,36 Coimbra 11/03/2018	F. Marcelo Rocha - 15/16 2,10,02 Coimbra 28/02/2016	Pedro Costa-07/08 2,04,86 Lisboa 24-07-2008	Pedro Costa-06/07 2,06,23 Coimbra 07-07-2007	Pedro Costa-05/06 2,08,12 S.J.Madeira 22-07-2006	Pedro Costa 04/05 2,12,30 Coimbra 22-07-2005	200L
400L	Vasco Tavares - 17/19 4,40,64 Coimbra 11/03/2018	Vasco Tavares - 17/19 4,40,64 Coimbra 11/03/2018	Vasco Tavares - 16/17 4,44,64 Coimbra 09/07/2017	Luis Moreira-07/08 4,46,13 Coimbra 03-07-2008	Bernardo Guedes -11/12 4,45,69 Coimbra 10-03-2012	Pedro Costa-05/06 4,46,43 Rio Maior 24-06-2006	Rodrigo Rodrigues - 18/19 4,44,01 Loulé 28/07/2019	400L
800L	Vasco Tavares - 16/17 9,41,05 Coimbra 19/03/2017	Vasco Tavares - 17/18 9,45,27 Coimbra 11/03/2018	Vasco Tavares - 16/17 9,41,05 Coimbra 19/03/2017	Vasco Tavares - 14/15 9,53,73 Coimbra 16-03-2015	Vasco Tavares - 13/14 9,56,58 Coimbra 06-07-2014	Carlos Gomes - 11/12 10,00,02 Rio Maior 22-07-2012	Pedro Reis-08/09 10,45,36 SJMadeira 12-07-2009	800L
1500L	Carlos Gomes - 11/2012 18,43,99 Rio Maior 22-07-2012	Vasco Tavares - 17/18 19,05,23 Coimbra 09/07/2018	Vasco Tavares - 15/16 18,44,02 Coimbra 28/02/2016	Vasco Tavares -14/15 19,20,82 Coimbra 04-07-2015	Bernardo Guedes -11/12 18,50,18 Coimbra 08-07-2012	Carlos Gomes - 11/12 18,43,99 Rio Maior 22-07-2012	Pedro Reis - 08/09 20,05,57 SJMadeira 12-07-2009	1500L
50C	Pedro Costa-10/11 28,94 Coimbra 13-03-2011	Pedro Costa-10/11 28,94 Coimbra 13-03-2011	Pedro Costa-08/09 29,23 Coimbra 01-03-2009	João Baptista - 11/12 30,23 Coimbra 08-07-2012	Pedro Costa-06/07 30,46 Aveiro (Parcial) 26-07-2007	Pedro Costa-05/06 31,80 S.J.Madeira (Parcial) 21-07-2006	Rodrigo Rodrigues - 18/19 32,47 (Parcial) Coimbra 07/07/2019	50C
100C	Pedro Costa-08/09 1,03,26 Coimbra 01-03-2009	Pedro Costa-10/11 1,05,20 Coimbra 11-03-2011	Pedro Costa-08/09 1,03,26 Coimbra 27-02-2009	Pedro Costa-07/08 1,03,78 Rio Maior 14-03-2008	Pedro Costa-06/07 1,04,48 Aveiro 26-07-2007	Pedro Costa-05/06 1,06,06 S.J.Madeira 21-07-2006	Rodrigo Rodrigues - 18/19 1,07,58 Coimbra 07/07/2019	100C
200C	Rui Aires-06/07 2,20,48 Aveiro 27-07-2007	Pedro Costa-11/12 2,22,45 Coimbra 07-07-2012	Rui Aires - 07/08 2,21,00 Coimbra 06-07-2008	Rui Aires-06/07 2,20,48 Aveiro 27-07-2007	Rui Aires-05/06 2,25,05 Coimbra 28-07-2006	Luis Soares - 11/12 2,26,83 Coimbra 01-07-2012	Rodrigo Rodrigues - 18/19 2,27,76 Coimbra 06/07/2019	200C
50B	Tiago Marques - 16/17 30,97 Coimbra 04/06/2017	Tiago Marques - 16/17 30,97 Coimbra 04/06/2017	João Baptista -12/13 32,12 Coimbra 10-03-2013	João Baptista -11/12 32,03 Coimbra 08-07-2012	Francisco Almeida - 18/19 34,18 Funchal 01/08/2019	Rodrigo Rocha - 18/19 36,17 Loulé 28/07/2019	Luis Soares -10/11 38,72 (Parcial) Rio Maior 02-07-2011	50B
100B	Tiago Marques - 17/18 1,12,13 Coimbra 08/07/2018	Tiago Marques - 17/18 1,12,13 Coimbra 08/07/2018	Bernardo Costa - 14/15 1,17,71 SJ Madeira 06/06/2015	João Baptista -11/12 1,13,15 Porto 03-06-2012	Francisco Almeida - 18/19 1,12,21 Coimbra 12/07/2019	Rodrigo Rocha - 18/19 1,16,50 Loulé 28/07/2019	Luis Soares -10/11 1,21,77 Rio Maior 02-07-2011	100B
200B	Francisco Almeida - 18/19 2,40,88 Coimbra 13/07/2019	Tiago Marques - 12/13 2,46,21 Coimbra 10-03-2013	Igor Oliveira - 16/17 2,49,95 Coimbra 09/07/2017	Miguel Vaz - 15/16 2,54,38 Coimbra 28/02/2016	Francisco Almeida - 18/19 2,40,88 Coimbra 13/07/2019	Rodrigo Rocha - 18/19 2,48,59 Loulé 28/07/2019	Rodrigo Rocha - 17/18 3,03,07 Coimbra 08/07/2018	200B
50M	João Branco - 14/15 27,41 Coimbra 05-07-2015	Pedro Costa-10/11 27,54 Coimbra 13-03-2011	João Branco - 14/15 27,41 Coimbra 05-07-2015	Pedro Costa-07/08 27,90 Lisboa (Parcial) 26-07-2008	Pedro Costa-06/07 28,44 Aveiro (Parcial) 26-07-2007	Pedro Costa-05/06 29,24 S.J.Madeira (Parcial) 22-07-2006	Rodrigo Rodrigues - 18/19 29,94 Loulé 28/07/2019	50M
100M	Pedro Costa-07/08 1,02,03 Coimbra 05-07-2008	Pedro Costa-10/11 1,03,83 Coimbra 12-03-2011	Rui Aires-07/08 1,03,17 Coimbra 05-07-2008	Pedro Costa-07/08 1,02,03 Coimbra 03-07-2008	Pedro Costa-06/07 1,02,45 Aveiro 28-07-2007	Luis Soares-11/12 1,02,76 Coimbra 01-07-2012	Pedro Costa-04/05 1,06,37 Coimbra 24-07-2005	100M
200M	Luis Soares - 11/12 2,28,58 Coimbra 01-07-2012	-	Alexander Cardoso 09/10 2,39,67 Coimbra 28-02-2010	-	Rui Santos - 16/17 2,33,96 Coimbra 30/03/2017	Luis Soares - 11/12 2,28,58 Coimbra 01-07-2012	Rui Cardoso-07/08 2,50,22 Coimbra 06-07-2008	200M
200E	Pedro Costa-06/07 2,20,12 Aveiro 29-07-2007	Pedro Costa-10/11 2,23,75 Coimbra 13-03-2011	Pedro Costa-08/09 2,20,29 Lisboa 29-03-2009	Pedro Costa-07/08 2,20,78 Rio Maior 16-03-2008	Pedro Costa-06/07 2,20,12 Aveiro 26-07-2007	Pedro Costa-05/06 2,23,33 Rio Maior 25-06-2006	Pedro Costa - 04/05 2,30,64 Coimbra 23-07-2005	200E
400E	Rodrigo Monteiro-13/14 5,09,15 Coimbra 05-04-2014	-	Bernardo Costa - 13/14 5,20,33 Coimbra 05-07-2014	Rodrigo Monteiro-13/14 5,09,15 Coimbra 05-04-2014	Rodrigo Monteiro-12/13 5,14,68 Famalicão 21-07-2013	Celso Pinho - 18/19 5,27,31 Coimbra 07/07/2019	Celso Pinho - 17/18 5,50,58 Coimbra 08/07/2018	400E
	R. Regionais A.N.Aveiro	Recordes Absolutos	Recordes da Época 18/19					